



FamilyMeans

BETTER IS POSSIBLE

FamilyMeans Counseling & Therapy Good Faith Estimate Notice

You have the right to receive a “Good Faith Estimate” explaining how much your medical and mental health care will cost.

Under the law, health care providers need to give patients who don’t have insurance or who are not using insurance an estimate of the expected charges for medical services, including psychotherapy services.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency healthcare services, including psychotherapy services.

You can ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule a service. If you schedule a service at least 3 business days in advance, we will provide a Good Faith Estimate in writing within 1 business day after scheduling. If you schedule a service at least 10 business days in advance, we will provide a Good Faith Estimate in writing within 3 business days after scheduling.

FamilyMeans clients will receive a Good Faith Estimate upon intake through and if/when their payment method switches to private pay/sliding scale. This estimate will be provided via a link from our client portal “Procentive”. Paper copies are available upon request.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or call 1-800-985-3059.

Request a Good Faith Estimate

To request a Good Faith Estimate, contact our Counseling & Therapy team.

Current Hours: Monday-Thursday 8am-5:30pm, Fridays 8am – 1:30pm

Phone: 651-439-4840

Email: familymeans@familymeans.org